



We are sorry to hear you (or your child) have sustained an injury.

Depending on the severity of the injury, you may have already attended A&E or accessed other areas of healthcare for further advice and treatment (or may need to seek further advice via the NHS pathways available).

Please keep your head coach informed of your recovery so that they can keep your record updated on the clubs medical reporting system (Return2Play), ensuring you can be given further advice (if required) and get you back to play as soon as is safe to do so.

If you feel you need advice and support from the clubs medical team please book an appointment here <https://calendly.com/suttonrugbymedical/sports-injury-clinic?month=2025-02> where you will be able to see one of our therapists.

Best wishes

Cherry, Hannah, Maddie, Ryan, Rob & Steve
SERFC Medical Team