XV aside Coach and Referee Development Framework / Pathway

U14	U15	U16	U17	U18	1st XV	2nd XV	3rd XV
*8 player scrum *No.8 Pick and run *Uncontested Lineout	*Boys & Girls Uncontested Lineout – Lift Permitted	*Contested Lineout – Lift Permitted					

Rugby Aware / Play it Safe / In Touch / First Aid in Rugby Union

RFU Immediate Care in Sport (Level 2 & 3)

HEADCASE - Online Concussion Module Click Here (Pre-requisite for England Rugby Coaching Award / Referee Award and Level 3 Courses)

Coaching U14

Activate

A new training and pre-match exercise programme to reduce overall injuries

England Rugby Referee Award (Pre-requisite includes HEADCASE online module & World Rugby Online Laws Test)

Continuous Match Official Development (CMOD's)

Tackle / Maul / Ruck / Scrum / Understanding the Game / Match Preparation / Advantage / Touch Judges / Communication & Management / Use of Sanctions / Refereeing 7s

Teaching Rugby Union in Secondary Schools (Teacher Course)

Rugby Ready

England Rugby Coaching Award

Scrum Factory

Coaching Lineout in the XV aside game / Online Resources: The Jump / The Throw / Lift / Putting it all together

Note: As coaches prepare for U15 this CPD could be targeted towards the end of the U14 season

Continuous Personal Development (CPD's)

Coaching Continuity in the XV aside game / Coaching Defence in Phase Play in the XV aside game / Coaching Maul & Ruck in the XV aside game

Coaching Back Play in the XV aside game / Coaching Half Back Play in the XV aside game / Coaching Kicking in the XV aside game / Managing Contact / Coaching 7s (Online)

Advanced CPDs (Part of Level 3 Pre-Requisites)

Goal Setting / Planning & Periodisation / Player Profiling / Game Planning / Performance Analysis

RFU Advanced Coaching Award (Level 3) - Click Here for Info

Director of Rugby Course Click Here